

# What is a Registered Dietitian Nutritionist (RDN)?

COMPLETED A BACHELOR'S DEGREE AT AN ACCREDITED UNIVERSITY APPROVED BY THE ACCREDITATION COUNCIL FOR EDUCATION IN NUTRITION AND DIETETICS (ACEND) OF THE ACADEMY OF NUTRITION AND DIETETICS.

COMPLETED AN ACEND-ACCREDITED SUPERVISED PRACTICE PROGRAM THAT IS 6-12 MONTHS LONG & INVOLVES 900-1200 PRACTICE HOURS UNDER A REGISTERED AND LICENSED RDN.

PASSED A NATIONAL EXAM ADMINISTERED BY THE COMMISSION ON DIETETIC REGISTRATION (CDR).

OBTAINED STATE LICENSURE PER STATE REQUIREMENTS

COMPLETED CONTINUING PROFESSIONAL EDUCATION TO MAINTAIN REGISTRATION

IN A NUTSHELL, DIETITIANS ARE REGULATED AND HAVE LEGAL AUTHORITY AND PROTECTION.